

# SACHEM'S HEAD YACHT CLUB

## JUNIOR PROGRAMS NEWSLETTER

Session B Newsletter (July 6-17, 2020)

### From the Sailing & Waterfront Director, Kevin Gunn:

COVID-19 has brought on many challenges, so we are grateful that we were able to begin sailing with non-sibling partners in session B. While singlehanded sailing has many advantages for learning and improving sailing skill, most of the kids agree that sailing with someone else in the boat is fun too. We are now sailing Fevas doublehanded with the spinnakers, trapezing out on the 420s, and taking the Sonar out for some much needed socialized sailing (within the designated cohorts of course)!

### Enjoy the Session B photos:

<https://drive.google.com/drive/folders/1uaNZ4ARiNot0IIS7KoNYDSeNNOj2rFDg?usp=sharing>



**Morning Beginner Squirts**  
**Instructor: Maeve Merkle Scotland**



Learning about the powerful sun, tide pools, and the nature around SHYC has been full of adventure! On Tuesday we took out the Sonar to go out for a sail by the Thimble Islands! It was so much fun to experience big boat sailing, especially because we had a speaker playing our favorite sailor's music: Moana. Everyone was so excited to sing along!

### **Morning Feva Adventure**

**Instructors: Joe Coyne and Izzy Merrill**



From practicing Spinnaker sailing to voyaging to the Thimbles, these sailors are becoming more experienced everyday! When not sailing, you can find them practicing how to tie specifically bowline knots, but all other types of knots too!

### **Morning Session Opti/Bic 2 Adventure**

**Instructor: Ryan Squires**



In the second session we had the opportunity to sail different kinds of boats such as the Feva and C420 to apply the skills the kids have learned from the Opti and Bic. In the C420 we learned how to sail with the trapeze and hang off the boat to hike it flat! We had a lot of fun in the boats and also enjoyed viewing the marine life around the club.

### **Morning Tween/Teen Beginner Sailing**

**Instructors: Kevin Gunn and James Vagell**



I don't really think it is appropriate to call these beginning sailors anymore; they have learned a ton this summer! They are already trapezing on the 420s and

flying a spinnaker on the Sonar. When not sailing, you can find them tying bowlines, sheet bends, and even a bowline on a bight, among other knots.

### **Afternoon Feva Tween Adventure**

**Instructors: Maeve Merkle-Scotland and Izzy Merill**



This session was all about fun and games! While still learning and improving on key skills, you can catch this all girls class speeding away in Feva's where they have been practicing flying their spinnakers! We have spent a good amount of time adventuring and learning how to sail in the Sonar boat as well! It's a blast!

### **Afternoon Feva Teen Adventure**

**Instructors: Kevin Gunn and James Vagell**



This group has gotten so much more confident the past two weeks working on skippering and working with spinnakers on all kinds of boats. Everyone seems to love riding around on the sonar, I can definitely see big boats in their futures!

### **Afternoon Laser Race Training**

**Coach: Joe Coyne**



These sailors have continued to hike through the high wind days, but they have also taken their roll tacks and downwind sailing to the next level this session with some rudderless sailing practice.

**Afternoon Opti 3 Race**  
**Coach: Ryan Squires**



Even though we haven't had a chance to sail in a regatta yet this summer, the Opti team has continued to advance their racing skills such as roll tacking/gybing, mark roundings, fleet management, and starts. Our first day of Saturday races this past weekend allowed participating sailors to showcase some of these skills despite the extremely light wind.

**Friday Kayak**  
**Instructor: Joe Coyne**



This group is always fun. This session we explored the rocks around the club from the water and travelled deep into Joshua's Cove in search of cool spots for crabs. In addition to their exploration, this group has battled high wind and waves, and are now very experienced kayakers. I am so proud of their growth!

**Friday Paddle Boarding**  
**Instructor: Maeve Merkle-Scotland**



Our Friday paddle boarding class is always a joy! Rafting up in Joshua's Cove to hangout and chat is a great break from strenuous paddling. This past week our paddleboarders greatly improved their paddling skills by fighting high winds and a strong current. They did a great job pushing through!

**Looking ahead to Session C (which starts on Monday 7/17/2020):** Please remember to be sure your kids have a face covering and shoes every day! **We have some fun special days planned for Session C:**

- **July 23rd, morning classes** - Build your own boat out of recyclable containers, then get in and race them!
- **July 28th, morning and afternoon classes** - Sail to Shane's house for games and fun in the pool!
- **July 30th, morning and afternoon classes** - Seamanship day. Test your knowledge of rowing, knot tying, and other nautical skills

### **Junior Tennis Updates & More:**

Wow!! Another session in the books. Time is surely flying by, but we are having so much fun on the courts. All the junior groups are in high gear, playing like they've been on the courts for many months. Our tennis team unfortunately was rained out of their first match. They are all competing at the bit to get out there and compete. Look out world, Sachem's tennis is coming for ya! Thanks from the tennis coaches, Steve, Reese, and Paige.



We are looking forward to 40 kids participating in our tennis program for Session C - enrollment is high and the program is going well. We are hoping for some clear days to have a few inter-club matches with our green and yellow ball players in the coming weeks.

**The Annual SHYC Club JR Tennis Championships** will begin the weekend of August 8/9 and continue into the week of August 10th. More details are coming!

**NEW TENNIS CLASS TIMES** - Please look at the class lists posted on the website to confirm your child's class AND note new class times for all green ball, orange and PM yellow ball classes on Tuesday, Wednesday and Thursday.

- AM Green - 9:30 - 10:45
- AM Yellow - 10:45 - 12:00
- Orange - 1:00 - 2:00
- PM Green - 2:00 - 3:15
- PM Yellow - 3:15 - 4:30

**TEAM TENNIS:** There are no changes to the waitlist for Monday AM Tennis Team group at this time. You will be contacted by Elisa Milano if that status changes. Class lists can be found online. New for this summer, each club will host one group (yellow or green) for matches. Steve will have those details the week of matches, so you will know if your child is playing at SHYC or away.

**Interclub Tennis Match Schedule:**

- 7/17 - SHYC has a bye
- 7/24 - SHYC vs Madison Racquet and Swim club
- 7/31 - SHYC vs Fenwick
- 8/7 - SHYC vs. Madison Beach Club
- 8/13-14 - Interclub Championships - TBD

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**Please check the Class Lists to make sure you know what your kids are signed up for!**

And visit the [Junior Programs Website](#).

- Sailing Class List ([view and print](#))
- Kayak & Paddle Boarding Class List ([view and print](#))
- Tennis Class Links ([view and print](#))
- Tennis Comp Match Play List ([view and print](#))

**Questions:**

- JR Sailing Questions – Erica Walden, [ericagwalden@yahoo.com](mailto:ericagwalden@yahoo.com)
- General Questions – Whitney Peterson, [peteronwhitney@gmail.com](mailto:peteronwhitney@gmail.com)
- JR Tennis Questions – Elisa Milano, [SHYCtennis1@gmail.com](mailto:SHYCtennis1@gmail.com)
- Head Sailing Director, Kevin Gunn, [kgunn23@gmail.com](mailto:kgunn23@gmail.com)
- Head Tennis Pro: Steve Godiksen: [stevegodiksen@yahoo.com](mailto:stevegodiksen@yahoo.com)