



## SACHEM'S HEAD YACHT CLUB

### 2022 JUNIOR PROGRAMS NEWSLETTER

End of Summer 2022 Newsletter - August News & Awards

**From the SHYC Head Sailing Coach, Emma Janson:**

What an incredible summer we had here at SHYC this year! Crazy to think about how fast these past eight weeks have gone by. Our junior sailing programs were a great success this year. The sailors had fun, learned a thing or two about sailing, and were kept safe this summer by our incredible coaching staff. From the sea squirts to the afternoon sailors, there were smiles every day, and that's all we can really ask for as coaches. Not to mention that there was a breeze almost every day this summer - with few storm days and few no wind days everyone got to spend lots of great time on the water! We had many sailors travel to regattas throughout the summer, and at every event at least one SHYC sailor made it to the podium. By the end of the summer we even had 14 opti's out on the water racing together, both opti 1's and opti 2's - it was quite the morning, all the coaches were so excited! The enthusiasm of the sailors, coaches, and parents made this summer special. There's a lot to look forward to at SHYC as sailors continue to age up and new sailors continue to join the program. Thanks for coming and spending your summer with us, it was one we won't forget!



**2022 End of Summer Slideshow & Photos Links:** Check out all the fun had by all our juniors.

**Slideshow Link:** <https://drive.google.com/file/d/18kJ4XafwiieCEq6-9rPWlmgzPF44PsfL/view?usp=sharing>

**Summer Photos Link:**

<https://drive.google.com/drive/folders/1Cd32JYu9SI15LxB9TGL3sZAcQqeVOuE?usp=sharing>

### Thank you to our 2022 COACHES & our JITS!

- **Morning Sea Squirts** - Instructors: Alexandra Roesch and Amelia Davis
- **Morning Opti 1 Sailing** - Instructors: Emma Janson and Charlotte Williams
- **Morning Opti 2 Sailing** - Instructors: Cortland Doyle and Grace Squires
- **Morning Adventure Sailing** - Instructor: Eli Gleason
- **Afternoon Adventure Sailing** - Instructors: Charlotte Williams and Alex Roesch
- **Afternoon Racing Class** - Instructors: Eli Gleason, Grace Squires, Courtland Doyle, Emma Janson
- **Morning JITS - Assistant JR Instructors:** Molly Peterson, Avery Peterson, Mila Leonardi, Gus Fichtenholtz, Vivienne & Marlena Maleska, and Nora Davis!



### 2022 Sailing JR Award Winners - CONGRATS!

- **All Star-Coaches Sailing Awards:** Gus Fichtenholtz & David Fantarella
- **Best Sportsmanship:** Carter Mikolay & Noelle Mularski
- **Most Improved:** Avery Peterson & Taylor Mikolay
- **Most Enthusiastic:** Fisher Smith & Keillor Fitton
- **Best Attitude:** Nora Davis & Libby Vitari

**SeaSquirt Paper Plate Awards:** All of our awesome SeaSquirts received Alex & Amelia's special paper plate awards! Congrats to all the SeaSquirts, they represent the bright FUTURE of SHYC sailing!

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## SHYC JUNIOR RACING - News & Labor Day Weekend Racing

**Race Team Summary for 2022 Summer:** 22 Sachem's head juniors sailors competed in Optis, BICs, Fevas, 420s and lasers within the ECSA and more at distant travel regattas. Our sailors started their racing at the SHYC Junior Regatta and then traveled to Madison Beach Club, Pine Orchard, Pettipaug, Niantic Bay, and farther down the sound to Cedar Point. Sachem's Head had at least one sailor on the podium at each of these events, and often many more. We also had junior sailors competing at the Feva World Championships, Opti National

Championships, and Laser National Championships. Below are links to the results from the ECSA and other regattas that our team sailors attended. Congrats to all our sailors!!

### **ECSA & Regional Regattas - Results**

[SHYC Jr. Regatta](#)

[Niantic Bay Yacht Club/Feva ACCs](#)

[Madison Beach Club](#)

[Pettipaug Yacht Club](#)

[Pine Orchard Yacht & Country Club](#)

[JSA Race Week & Cedar Point](#)

### **Select National & International Regattas - Results**

[Feva World Championships](#)

[USODA Opti National Championships](#)

[ILCA \(Laser\) National Championships](#)

**Green Opti Team Summary:** We had 8 Greenfleet Opti sailors this season, many who made the jump to R/W/B Opti fleets by the end of summer! Our sailors attended 5 separate regional regattas including Wadawanuck, Pettipaug, Pine Orchard, Madison Beach Club and our very own SHYC Jr. Regatta. The fleet is continuing to grow and at the end of the season, we had 14 Opti's from Opti 1 and Opti 2 sailing together in Sailing Class! We have one more junior race weekend here at Sachem's and hope to get a great turn out of Opti sailors on Labor Day. Thank you to all the parents that made opti racing a success this year!

### **Congrats to all of our SHYC Travel Racing Sailors - who represented SHYC this summer at regattas:**

- Henriette Bailey
- Ben Brown
- Ellie Davidson
- David Fanterella
- Gus Fichtenholtz
- Sasha Fichtenholtz
- Chase Gunningsmith
- George Heudorfer
- Henry Laurans
- Mila Leonardi
- Peter Leonardi
- Carter Mikolay
- Noelle Mularski
- James O'Dowd
- Teag Ozyck
- Avery Peterson
- Ike Schutz
- Fischer Smith
- Wylder Smith
- Cora Steinbacher

## END OF SUMMER RACING FOR JUNIORS - Labor Day Weekend:

**Final JR Racing for Sailors on Labor Day Weekend - Saturday & Monday!** Labor Day Junior Trophy Racing for FEVAs & OPTIs. Save the dates and get ready to race! Harbor Start at 9AM, first race at 9:30AM, for both Trophies below.

- **Steward Cup (OPTIMISTS) on Saturday Sept 3rd (Trophy Race).** Green, White, Blue, and Red Fleet Opti Racing Sailors welcome to participate in this final fun morning of racing!
- **Commodores Cup (FEVAs) on Monday Sept 5th (Trophy Race).** If we have more sailors than available Fevas, priority will be given to those who have been racing and sailing Fevas this summer in the SHYC junior programs and regattas.
- Please email Harlan Fichtenholtz <[fichtenholtz@gmail.com](mailto:fichtenholtz@gmail.com)> to reserve a FEVA to race.

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## TENNIS: End of Summer News & Award Winners

Congrats to all our tennis players for a fantastic summer of SHYC Tennis! We had almost 75 players participate in tennis this summer, from our dynamic beginner Red Ball Players, to our experienced Yellow Ball competitors and champions. We are already looking forward to having many of our younger players join the Travel Tennis Teams next year.

### 2022 Tennis JR Award Winners - CONGRATS!

- **All Star-Coaches Tennis Award:** Molly Peterson & Luca Laurans
- **Best Sportsmanship:** Jake Marino & Annie Ames Casper
- **Most Improved:** Mae Bartek & Noelle Mularski
- **Most Enthusiastic:** Emilia Fantarella & William Laurans
- **Best Attitude:** Teag Ozyck & Zach Milano

### 2022 Tennis SHYC Championships:

#### Green Singles Championship:

Runners-Up: Keillor Fitton

Winners: William Laurans

#### Yellow Doubles Championship:

Runners-Up: Peter & Mila Leonardi

Winners: Avery Peterson & Eloise Streeter

#### Yellow Singles Championship:

Runners-Up: Eloise Streeter

Winners: Zack Milano



Image - Yellow Ball Doubles Champs, Runners-Up, and Coach Steve!

**Tennis PRO**, Steve Godiksen, [stevegodiksen@yahoo.com](mailto:stevegodiksen@yahoo.com), 203-215-6197

**Tennis Assistant**, Alex Kagan, 203-843-1566, [akagan47@gmail.com](mailto:akagan47@gmail.com)

**Tennis Assistant**, Walker Mulligan

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## SWIMMING: End of Summer News & Award Winners!

**2022 Award Winners for Swimming - Congrats to all these winners:**

- **All-star coaches award:** Mae Bartek
- **Most Improved:** Luke Bartek
- **Beat Sportsmanship:** Ellie Davidson
- **Most Enthusiastic:** Dorothy Ruth Hayes
- **Best Attitude:** Laney Lundberg

Thank you to everyone, parents, kids, pets, grandparents, Nanny's and anyone else, who helped make this summer so unforgettable. The last two sessions were full of laughs, splashes, and plenty of kids turned into fish. Emma and I will miss every single one of them. We hope you all remember to be confident, show respect, and, most of all, have fun with everything you do! Good luck with the school year!

**Cheers from your Swim Coaches - Elle Petra & Emma Bonz!**

**Thank you to Swim Coordinator, Eliza Fantarella, [efantarella@gmail.com](mailto:efantarella@gmail.com)**

**Looking forward to 2023 Summer!! Thank you to all!**

JR Tennis Questions – Elisa Milano, [SHYctennis1@gmail.com](mailto:SHYctennis1@gmail.com)

JR Sailing & Swim Questions – Erica Walden, [ericagwalden@yahoo.com](mailto:ericagwalden@yahoo.com)

Head Sailing Director, Emma Janson, [ejanson2497@gmail.com](mailto:ejanson2497@gmail.com)

Head Tennis Pro: Steve Godiksen: 203-215-6197; [stevegodiksen@yahoo.com](mailto:stevegodiksen@yahoo.com)